

Key Point Health Services

Daily Schedule
Psychiatric Rehabilitation Program
443-625-1560

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30-9:30	Breakfast and Morning Socialization	Breakfast and Morning Socialization	Breakfast and Morning Socialization	Breakfast and Morning Socialization	Breakfast and Morning Socialization
9:30-9:40	Morning Meeting <i>Advisory Board Pres.</i>	Morning Meeting <i>Advisory Board Pres.</i>	Morning Meeting <i>Advisory Board Pres.</i>	Morning Meeting <i>Advisory Board Pres.</i>	Morning Meeting <i>Advisory Board Pres.</i>
9:40-10:15	GOAL TIME <ul style="list-style-type: none"> • Spanish - Ann/Wanda (Rm. 150) • Computer Lab Help Available -- Michael On-Duty 	GOAL TIME <ul style="list-style-type: none"> • Women's Group (Rm. 149) • Frisbee - Chris/Wanda (Park) 	GOAL TIME <ul style="list-style-type: none"> • Men's Group (Rm. 149) 	GOAL TIME <ul style="list-style-type: none"> • Rules/Regs Committee: Occasional Thurs (Rm. 150) • Computer Lab Help Available -- Michael On-Duty 	GOAL TIME <ul style="list-style-type: none"> • Decorating Committee: 2nd Fridays (Rm. 150) • Calendar Committee: 3rd Fridays (Rm. 150)
10:15-11:45	BINGO Monitor - Rotating	Functional Shopping Monitor - Steve	Functional Shopping Achieve Nutrition (10:30-11:30) Rm. 150 Monitor - Alisha	Functional Shopping Monitor - Wanda	Functional Shopping Monitor - Monika
11:45-12:15	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:30-1:30	ACHIEVE <i>Wanda - Community Room</i> CROSSWORD CREW <i>Jeff - Rm. 118</i> MISA <i>Monika -- Rm. 150</i>	Qigong/Tai Chi <i>Ramon & Steve - Breezeway (Rain: Community Room)</i> Life After Diagnosis <i>Monika - Rm. 118</i> Emotional Management & Anger Control Training <i>Michael & Chris - Rm. 150</i>	ACHIEVE <i>Melissa - Community Room</i> Psych 101 <i>Alisha & Chris - Rm. 118</i> Current Events <i>Jeff - Rm. 150</i>	<i>1st Week - All Day Trip</i> <i>2nd Week - ½ Day. Go Home.</i> <i>3rd Week - Outdoor Activities</i> <i>4th Week - Music</i> <i>Ken - Community Room</i>	ACHIEVE <i>Monika- Community Room</i> Qigong/Tai Chi <i>Ramon & Michael - Breezeway (Rain: Rm. 149)</i> Recovery <i>Steve - Rm. 118</i> World Religions <i>Alisha -- Rm. 150</i>

Updated 8/01/11 JB & MR