

Key Point Health Services

Summer Daily Schedule
Psychiatric Rehabilitation Program

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30-9:20	Breakfast and Morning Socialization	Breakfast and Morning Socialization 8:15 Staff Meeting	Breakfast and Morning Socialization	Breakfast and Morning Socialization	Breakfast and Morning Socialization
9:20-9:30	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:30-10:00	GOAL TIME <i>Mindfulness and Meditation</i> Brenda 50 and Over Wanda	GOAL TIME <i>Connections</i> Liz <i>Spanish Club</i> Katia	GOAL TIME <i>Walking Group-- Liz</i> <i>50 and Over -- Wanda</i> <i>Sign Language Club-- Courtnee</i> <i>Computer Lab -- Michael B.</i>	GOAL TIME <i>Connections</i> Liz	GOAL TIME <i>Walking Group</i> Liz 50 and Over Wanda
10:00-11:10 10 min break ½ way thru	ACHIEVE <i>Achieve Staff- Community Room</i> ART <i>Brenda – Room 150</i> MISA <i>Monika -- Rm. 118</i> TEAM STEVE <i>Room 148</i>	CURRENT EVENTS <i>Liz - Room 149</i> LEISURE <i>Jeff – Room 150</i> TEAM ALISHA <i>Room 148</i>	ACHIEVE <i>Liz – Community Room</i> SPIRITUALITY <i>Alisha - Room 150</i> RECOVERY <i>Steve – Room 149</i> TEAM MONIKA <i>Room 148</i>	<i>1st Week – All Day Trip</i> <i>2nd Week – ½ Day/Trip.</i> <i>3rd Week – Harford Mall Trip</i> <i>4th Week – Ind. Living</i> <i>All Staff – Community Room</i>	ACHIEVE <i>Wanda-- Community Room</i> PSYCH 101 <i>Michael – Room 118</i> WELLNESS SELF MANAGEMENT <i>Liz -- Room. 150</i> TEAM BRENDA <i>Room 148</i>
11:15-11:45	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
11:45-1:30	BINGO or Functional Shopping- Alisha Monitor – Brenda <i>Computer Lab 12pm-1pm</i> Michael B.	Functional Shopping- Monika Monitor – Steve	Functional Shopping- Brenda Crochet Lessons Monitor – Liz	Functional Shopping - Liz Monitor – Alisha	Functional Shopping- Steve Monitor – Monika

Updated 6/01/2012